

Appendix A. Focus on Rec Centers

Recreation center use was of particular interest to our partners in this work. This appendix includes detailed analysis of rates of recreation center use, types of services accessed and barriers to access focusing on data from questions 16 and 23 of the survey.

	Small		Medium		Large		All	
	n	%	n	%	n	%	n	%
Do you spend time at your local recreation center?								
Yes	54	50.5%	124	74.7%	313	72.5%	491	69.6%
No	41	38.3%	37	22.3%	99	22.9%	177	25.1%
Not sure or prefer not to answer	12	11.2%	5	3.0%	20	4.6%	37	5.2%
If yes, for what?								
Gym/ Classes	22	40.7%	46	37.1%	162	51.8%	230	46.8%
Rinks	16	29.6%	55	44.4%	46	14.7%	117	23.8%
Pool	14	25.9%	40	32.3%	134	42.8%	188	38.3%
Courts	11	20.4%	12	9.7%	34	10.9%	57	11.6%
Walking Track	1	1.9%	1	0.8%	51	16.3%	53	10.8%

The most common reason for not accessing recreation facilities was a preference for being outside. Other important barriers were a lack of facilities (most prevalent in small communities), the cost of accessing recreation facilities (most prevalent in Whitehorse) and living far away from facilities.

Of those with a youth living in their household- responses to:

Do they spend time at recreation facilities?

	Small		Medium		Large		All	
	n	%	n	%	n	%	n	%
Yes	12	63.16%	49	90.7%	59	88.1%	120	85.7%
No	2	10.53%	2	3.7%	4	6.0%	8	5.7%
Not sure or prefer not to answer	5	26.32%	3	5.6%	4	6.0%	12	8.6%
Total	19		54		67		140	

If yes, for what?

	Small	Medium	Large	All
Pool	3	26	42	71
Gym/ Classes	3	10	1	14
Rinks	4	19	12	35
Other	3	10	10	23
Fields/Courts	2	5	13	20
Rec Programming/ Camps	1	7	10	18

Other includes: bowling, community events, cultural activities, crafts, birthday parties.

Common reasons for not accessing recreation facilities were: preferring to be outside, a lack of facilities, not enjoying the available activities, or not having time.