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Recreation Director's Handbook

A guide for recreation
delivery in Aboriginal
communities



2008

Manitoba 

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Activity Ideas

- ◇ Keep them busy by giving them extra jobs or responsibilities.
- ◇ Give very clear directions- tell them what you expect.
- ◇ Give rewards for doing what they are supposed to and for staying on track.
- ◇ Ask the other participants to help them stay on track.
- ◇ Ask them what they need to help stay focused.
- ◇ Arrange a code word with them that you as a leader will say to bring them back on track.

Exercise: Talk to an individual with special needs and their family about how to best include them in programs. Design an inclusive program.

APPENDICES

Appendix A

COMMUNITY PROFILE

Age Grouping	Population Totals	Gender Male/Female	Location In or out of community	Special Interest
PRE-SCHOOL up to 6 yrs.				
CHILDREN 6-12 yrs.				
YOUTH 13-19 yrs.				
YOUNG ADULTS 20-35 yrs.				
ADULTS 36-60 yrs.				
SENIORS 61 yrs. +				
TOTAL				