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Recreation Director's Handbook

A guide for recreation
delivery in Aboriginal
communities



2008

Manitoba 

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Appendix B

WHAT EXISTS

1. Do you offer any recreation programs or services? For example...

arts – music, dance, drama, crafts, painting, drawing etc.

literary – book clubs, writing, public speaking, story telling, discussion groups etc.

self improvement/education – marriage prep, continuing education, assertiveness training, parenting skills etc.

sports/games/athletics – board games, team sports, individual sports, card nights.

outdoor recreation – fishing, camping, hunting, trapping, hiking etc.

wellness – nutrition, stress management, weight reduction, alcohol and drug awareness, support groups etc.

social – clubs, feasts, conferences, dances etc.

If so...

2. What programs?
3. Who participates?
4. How often?
5. How long?
6. When?
7. How many?
8. Where?
9. Cost for participating?
10. Program evaluation? How is it going? Strengths? Weaknesses? Any idea why people come out or why not?

Appendix C

COMMUNITY PROGRAMS GRID

| | Physical Recreation i.e. Sports teams | Social Recreation i.e. Picnics/ Dances | Creative Recreation i.e. Beading/ woodworks | Educational Recreation i.e. Writing/ Book clubs | Cultural Recreation i.e. Fiddling/ Pow wows |
|----------------------------|--|---|--|--|--|
| PRE-SCHOOL up to 6 yrs. | | | | | |
| CHILDREN 6-12 yrs. | | | | | |
| YOUTH 13-19 yrs. | | | | | |
| YOUNG ADULTS 20-35 yrs. | | | | | |
| ADULTS 36-60 yrs. | | | | | |
| SENIORS 61 yrs. + | | | | | |
| TOTAL | | | | | |