

# 2018 Registration Package

## **Rural Recreation Retreat**

*Making the Mental Health Connection in Recreation*

**&**

## **Annual Recreation Gathering**

*Actively Engaging Women and Girls*

October 9-10 at Inn on the Lake (Marsh Lake)

October 11-12 at High Country Inn/ Beringia Centre (Whitehorse)

Recreation Directors, Coordinators and Programmers; RHEAL Leaders; board members and other volunteers...come learn, network and have fun!

Register by: **Monday, September 24** at [surveyMonkey.com/r/RG18](https://surveyMonkey.com/r/RG18)



*Hosted by Yukon Government Sport and Recreation  
Branch (SARB) and the Recreation and Parks  
Association of the Yukon (RPAY)*



Rural recreation leaders, please join us for the

# 2018 Rural Recreation Retreat

October 9<sup>th</sup> and 10<sup>th</sup>

Inn on the Lake, Marsh Lake

## Retreat: Agenda at a Glance

### Tuesday, October 9<sup>th</sup>

3:00 PM - Community Recreation Directors Meeting

4:30 PM - Room Check-In and Registration

5:00 PM - Welcome from RPAY and SARB

5:45 PM - Dinner (please confirm attendance)

7:00 PM - Recreation Rollicks – always fun!

### Wednesday, October 10<sup>th</sup>

8:30 AM - Making the Mental Health Connection\* (full day)

Facilitator: Mark Kelly

6:00 PM – Dinner

8:00 PM – Hot “Tubics” – always popular!

### NOTES:

- By registering, you agree to participate 100% in the MHF workshop. The course fee is paid on your behalf to Yukon College through a funding agreement with Yukon Government Sport and Recreation Branch.
- Mental Health Facilitator (MHF) workshop has a maximum of 25 participants. Whitehorse leaders may register if space remains after the registration deadline.
- Recreation North grants a credit for PE102 when completing the MHF workshop.

# RURAL RECREATION RETREAT

TUESDAY, OCTOBER 9 –  
WEDNESDAY, OCTOBER 10  
**2018**

## INN ON THE LAKE

Lot 76 McClintock Place  
Marsh Lake



## MAKING THE MENTAL HEALTH CONNECTION IN RECREATION

### MENTAL HEALTH FACILITATOR TRAINING

For people outside the field of mental health, this culturally-appropriate training includes basic helping and referral skills.

#### RECEIVE A PARTICIPATION CERTIFICATE IN THIS TRAINING WHILE DEVELOPING SKILLS TO:

- Strengthen interaction with participants & among groups, and
- Recognize the resources available for mental health in their communities.

#### AGENDA

#### TUESDAY, OCTOBER 9

(beginning at 3:00pm)

**Recreation Directors' Meeting**

**Dinner**

**Recreation Meets Culture**

#### WEDNESDAY, OCTOBER 10

**Mental Health Facilitator Training**

A current RPAY membership is required and registration for this event is limited to a maximum of 25 participants.

With **MARK KELLY**, Northern Focus  
Counselling and Support Services,  
Whitehorse and in partnership with  
Northern Institute of Social Justice and  
NBCC International, a division of the  
National Board for Certified Counselors.



#### RECREATION AND PARKS ASSOCIATION OF THE YUKON

170 TITANIUM WAY, SUITE 201-C, WHITEHORSE, YUKON Y1A 0G1

PHONE: 867-668-3010 TOLL FREE: 1-866-961-WALK (9255)

EMAIL: [RPAY@RPAY.CA](mailto:RPAY@RPAY.CA) WEBSITE: [WWW.RPAY.CA](http://WWW.RPAY.CA)

**Yukon**



Yukon recreation leaders, please join us for the

# 2018 Annual Recreation Gathering

October 11<sup>th</sup> and 12<sup>th</sup>

High Country Inn & Beringia Centre

Whitehorse

## Gathering: Agenda at a Glance

### Thursday, October 11<sup>th</sup>

10:30 AM - 'Behind the Scenes' Tour ~ Canada Games Centre

#### *High Country Inn*

11:30 AM - Recreation Trade Show and Buffet Lunch

2:00 PM - Bright Lights presentations

4:00 PM - Activity/Dinner Break ~ dinner on your own

#### *Beringia Centre*

6:30 PM - Recreation Awards ~ light refreshments served

7:00 PM - Keeping Girls in the Game; A Panel Discussion

Host: *Jennifer Fenton* Panelists: *Moira Lassen, Melissa Laluk, Bronwyn Pasloski*

### Friday, October 12<sup>th</sup>

#### *High Country Inn*

9:00 AM - Focusing on Physical Activity and Health

Speaker: Dr. Hanley, Yukon's Chief Medical Officer

9:30 AM - Common Vision for Physical Activity in Canada

10:00 AM - Actively Engaging Women and Girls workshop ~ with lunch

Facilitator: *Jennifer Fenton*

3:00 PM - Closing Remarks

NOTE: Rural participants, please book your own Whitehorse accommodation.

# ANNUAL YUKON RECREATION GATHERING

THURSDAY, OCT. 11 – FRIDAY, OCT. 12, 2018 • WHITEHORSE

2 DAYS • 2 EVENTS • 2 LOCATIONS



RECREATION  
**LEADERS**

2-Day Event  
OCTOBER 11-12

**ACTIVELY ENGAGING WOMEN  
AND GIRLS IN RECREATION,  
SPORT AND PHYSICAL ACTIVITY**



Special Guest  
**JENNIFER FENTON**  
*Health, Physical Activity and  
Sport Education Consultant*

- Guest Speakers • Workshops
- Recreation Tradeshow
- Bright Lights In Yukon's  
Recreation Scene

*Registration & RPAY Membership required.*

**COAST HIGH COUNTRY INN**  
4051 - 4th Avenue,  
Whitehorse, YT

RECREATION AND PARKS ASSOCIATION OF THE YUKON  
170 TITANIUM WAY, SUITE 201-C, WHITEHORSE, YUKON Y1A 0G1  
PHONE: 867-668-3010 TOLL FREE: 1-866-961-WALK (9255)  
EMAIL: RPAY@RPAY.CA WEBSITE: WWW.RPAY.CA

GENERAL  
**PUBLIC**


1-Night Only  
OCTOBER 11

**KEEPING GIRLS  
IN THE GAME —**

**A Panel Discussion**

*led by Canadian Association for the  
Advancement of Women board member  
**Jennifer Fenton.** Followed by a  
questions and answer period.*

**6:30 pm – 9:00 pm**

- Yukon Recreation Awards
- Dessert and discussion
- Co-hosted with 

*Public welcome - no fee or registration required.*

**BERINGIA CENTRE**  
Km 1423 Alaska Highway,  
Whitehorse, YT

**Yukon**



# What you need to know...

## Costs

### RURAL Leaders:

- Fee of \$150 registers you for the Retreat (Marsh Lake) and Gathering (Whitehorse).
- Fee includes RPAY participant membership, all sessions, most meals, 2-nights accommodation at Inn on the Lake, and access to a subsidy for travel and Whitehorse accommodation if needed.
- Due to limited space at Inn on the Lake on October 9 & 10, rural participants living outside the Southern Lakes area receive priority for accommodation. Participants are expected to share a room.
- Participants need to arrange their accommodation in Whitehorse.
- Participants are expected to first ask their organization for funding to help with travel. If a travel subsidy from RPAY is required, please indicate this on your registration form.

### WHITEHORSE Leaders:

- Fee of \$50 registers you for the Gathering (Whitehorse) and includes RPAY participant membership, sessions, and some meals.
- Choose to place your name on a wait-list for Wednesday's Mental Health Facilitator workshop. If there is space once rural participants have registered, you may participate for an additional fee of \$100.

## Where

Inn on the Lake is at Marsh Lake and a 50 km drive southeast from Whitehorse along the Alaska Highway. Information about the venue and driving instructions will be provided with your confirmation.

The Coast High Country Inn is in Whitehorse at 4051 - 4th Avenue.

The Beringia Centre is on the Alaska Highway next to the airport and Transportation Museum.

Participants are responsible for their own transportation to the venues.

## Register

1. For more information, go to [www.rpay.ca](http://www.rpay.ca).
2. Register online at [www.surveymonkey.com/r/RG18](http://www.surveymonkey.com/r/RG18) and pay with your credit card. Fees include registration and one-time participant membership.
3. Due to venue and session limitations, we can accommodate a maximum of 25 participants. Avoid disappointment and register before Monday, September 24<sup>th</sup>. Late registrations may be accepted if space is available.

### *RPAY Membership*

Registration includes a one-time participant membership. If you prefer an annual membership with voting privileges, please purchase yours at [www.rpay.ca/membership](http://www.rpay.ca/membership). Annual memberships expire June 30<sup>th</sup>.

## Confirm

- Registration and accommodation arrangements (if required) will be confirmed Monday, October 1<sup>st</sup>.
- If space becomes available in the MHF workshop on October 10<sup>th</sup>, Whitehorse participants will be contacted before October 1<sup>st</sup>.
- We do our best to accommodate special dietary needs. Please contact Mia at [mia@rpay.ca](mailto:mia@rpay.ca) to discuss these in advance.

## Ask

For more information, please contact **Mia Lee**, RPAY's Active Living for School Aged Kids and Youth Programmer at [mia@rpay.ca](mailto:mia@rpay.ca).

Remember to nominate someone from your community for  
[RPAY's Community Recreation Recognition Award](#)

This award will be presented on Thursday, October 11th.