# RURAL RECREATION RETREAT

TUESDAY, OCTOBER 9 – WEDNESDAY, OCTOBER 10

2018

**INN ON THE LAKE** 

Lot 76 McClintock Place Marsh Lake





# MAKING THE MENTAL HEALTH CONNECTION IN RECREATION

# MENTAL HEALTH FACILITATOR TRAINING

For people outside the field of mental health, this culturallyappropriate training includes basic helping and referral skills.

# AGENDA

### **TUESDAY, OCTOBER 9**

(beginning at 3:00pm)

**Recreation Directors' Meeting** 

**Dinner** 

**Recreation Meets Culture** 

**WEDNESDAY, OCTOBER 10** 

**Mental Health Facilitator Training** 

A current RPAY membership is required and registration for this event is limited to a maximum of 25 participants.

# RECEIVE A PARTICIPATION CERTIFICATE IN THIS TRAINING WHILE DEVELOPING SKILLS TO:

Strengthen interaction with participants
& among groups, and
Recognize the resources available for mental health in their communities.

With MARK KELLY, Northern Focus
Counselling and Support Services,
Whitehorse and in partnership with
Northern Institute of Social Justice and
NBCC International, a division of the
National Board for Certified Counselors.



#### **RECREATION AND PARKS ASSOCIATION OF THE YUKON**

170 TITANIUM WAY, SUITE 201-C, WHITEHORSE, YUKON Y1A 0G1

PHONE: 867-668-3010 TOLL FREE: 1-866-961-WALK (9255)

EMAIL: RPAY@RPAY.CA WEBSITE: WWW.RPAY.CA





# ANNUAL YUKON RECREATION GATHERING

THURSDAY, OCT. 11 - FRIDAY, OCT. 12, 2018 • WHITEHORSE

# 2 DAYS • 2 EVENTS • 2 LOCATIONS











2-Day Event OCTOBER 11-12

ACTIVELY ENGAGING WOMEN AND GIRLS IN RECREATION, SPORT AND PHYSICAL ACTIVITY



Special Guest JENNIFER FENTON Health, Physical Activity and Sport Education Consultant

- Guest Speakers Workshops
  - Recreation Tradeshow
  - Bright Lights In Yukon's Recreation Scene

Registration & RPAY Membership required.

## **COAST HIGH COUNTRY INN**

4051 - 4th Avenue, Whitehorse, YT

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1-Night Only OCTOBER 11



# A Panel Discussion

led by Canadian Association for the Advancement of Women board member **Jennifer Fenton.** Followed by a questions and answer period.

6:30 pm - 9:00 pm

- Yukon Recreation Awards
- Dessert and discussion
- Co-hosted with



Public welcome - no fee or registration required.

## **BERINGIA CENTRE**

Km 1423 Alaska Highway, Whitehorse, YT



