

Tuesday, October 3rd

11:30 Registration, Check-in & Lunch

Participants will be gathering in the gymnasium of the Carmacks Recreation Centre. Lunch will be provided by Sunshine Restaurant & Bakeshop.

13:00 Welcome & Introduction

Minister Richard Mostyn will be welcoming everyone to the conference (video). RPAY will review the agenda and any housekeeping notes.

13:30 Icebreaker Activities

Janna Tait, the Physical Literacy Education Coordinator for Sport & Recreation Branch (SARB), and Alycia Bannon, RPAY's Active Play Experience Coordinator, will lead participants through icebreaker activities.

14:30 Organizational Updates

Representatives from RPAY, Recreation North, SARB, & Sport Yukon, will provide organizational updates and resources for participants.

16:00 Facility Tour

Village of Carmacks' (VOC) staff will lead everyone through a tour of the community recreation centre, including the new Carmacks Arena!

18:30 Dinner

Dinner will be provided by Sunshine Restaurant & Bakeshop and served in the Carmacks Recreation Centre.

19:30 Sport Wheel Chair Session

Come join Janna Tait in an introduction to SARB's sport wheel chair resource, which explores different ways to move using this equipment.



Wednesday, October 4th

08:00 Breakfast

Breakfast will be provided by Sunshine Restaurant & Bakeshop and served in the Carmacks Recreation Centre.

09:00 Pandemic Impacts on Rural Recreation Presentation

Join Caroline Sparks in exploring and creating sustainable action to implement the recommendations from the 2022 research project: “Pandemic Impacts on Rural Recreation in the Yukon Territory”.

10:00 Revitalizing how we do Recreation

In this session, Caroline Sparks will facilitate an open forum to explore “lighter” recreation, and the effects of economy, environment, people and capacity.

11:00 Hike on the “Ridge Run” Trail / Movie Time

RPAY’s Winter Active For Life Coordinator (WAFL), Fran Nyman, will lead participants on a community nature walk following the “Ridge Run” trail. Participants can also choose to stay at the Carmacks Rec Centre and watch RPAY’s video presentation, “The Recreation Effect” produced by Midnight Light.

12:00 Lunch

Lunch will be provided by Sunshine Restaurant & Bakeshop and served in Carmacks Recreation Centre.

13:00 Emergency Support Services (ESS)

ESS will highlight the role of recreation leaders during natural disasters, and how recreation agencies and facilities can help in emergency response and recovery.



Wednesday, October 4th

13:30 Gender Equity Workshop

SARB's Community Recreation Consultants, Jenyfer Neumann and Chris Teiman, will facilitate an open discussion around gender equity in recreation and sport in the Yukon.

14:30 ElderActive and the Canada 55+ Summer Games

Brenda Dion & Raquel Rosel will provide organizational updates and resources from ElderActive Association. There will also be information provided about the Canada 55+ Summer games, including numerous events offered and how recreation leaders can involve their 55+ community members.

15:00 Yukon Pickleball Association Presentation & Workshop

Pickleball has become the fastest-growing sport in North America. Brenda Dion will present on the Yukon Pickleball Association (YPA) and explore how YPA can support recreation leaders in introducing Pickleball to their community. Following the presentation, there will be a see-it try-it workshop for those interested in an introduction to the sport.

17:30 VOC Awards Dinner

Village of Carmacks will be hosting a dinner in the Carmacks Recreation Centre. There will be various presentations including :

- Village of Carmacks Welcome – Mayor Lee Bodie
- Yukon Government Acknowledgement – Marie Cairns
- Annual Recreation Awards – RPAY, SARB, Recreation North
- Keynote Melanie Vogel – *A Woman's Solo Walk on the World's Longest Trail*

19:30 Laser Tag

Join us at the Carmacks Recreation Centre for a facility wide game of Laser Tag hosted by VOC's recreation staff!



Thursday, October 5th

08:00 Breakfast

Breakfast provided by Sunshine Restaurant & Bakeshop and served in the Carmacks Recreation Centre.

09:00 Revitalizing how we do Recreation Follow-Up

Following our interactive session on Wednesday morning, Caroline Sparks will share the results of our discussions and ideas around revitalizing how we deliver recreation in a sustainable way.

09:30 Communities Building Youth Futures

Erin Cartan, Project Manager for Communities Building Youth Futures, will present on the creation and implementation of the Territorial Youth Strategy, and where recreation leaders can learn and support youth.

10:00 Health Promotion Unit

Tina Busetto, HPU's Community Dietician & Health Promotion Coordinator, will provide resources for Food Literacy Grants & Nutrition, as well as how recreation leaders can support in tobacco/vaping prevention and cessation.

10:30 Chronic Conditions Support Program

Melanie Ell-Phelps is a Clinical Exercise Specialist for the Chronic Conditions Support Program. Melanie will provide insight around Chronic Condition management and how community recreation leaders can access support.

11:00 Lunch & Wrap Up

As the gathering comes to an end, we would like to offer the following:

- Lunch provided by Sunshine Restaurant & Bakeshop served in the Carmacks Recreation Centre
- RPAY draw prizes, feedback forms, and closing remarks

