

# SUBSTANCE USE PREVENTION

*WORKING TOGETHER.  
MOVING FORWARD.*



RPAY Rec Gathering, Oct. 4, 2022



# Health Behaviours in School-Aged Children (HBSC) 2018



# Encouraging Findings

**2018**

1. Family Relationships
2. Friendships (urban)
3. School Climate
4. Cultural Activities



# Concerns 2018

1. Rural students
2. Rural girls in Grade 9-10
3. Transitions
4. Mental health

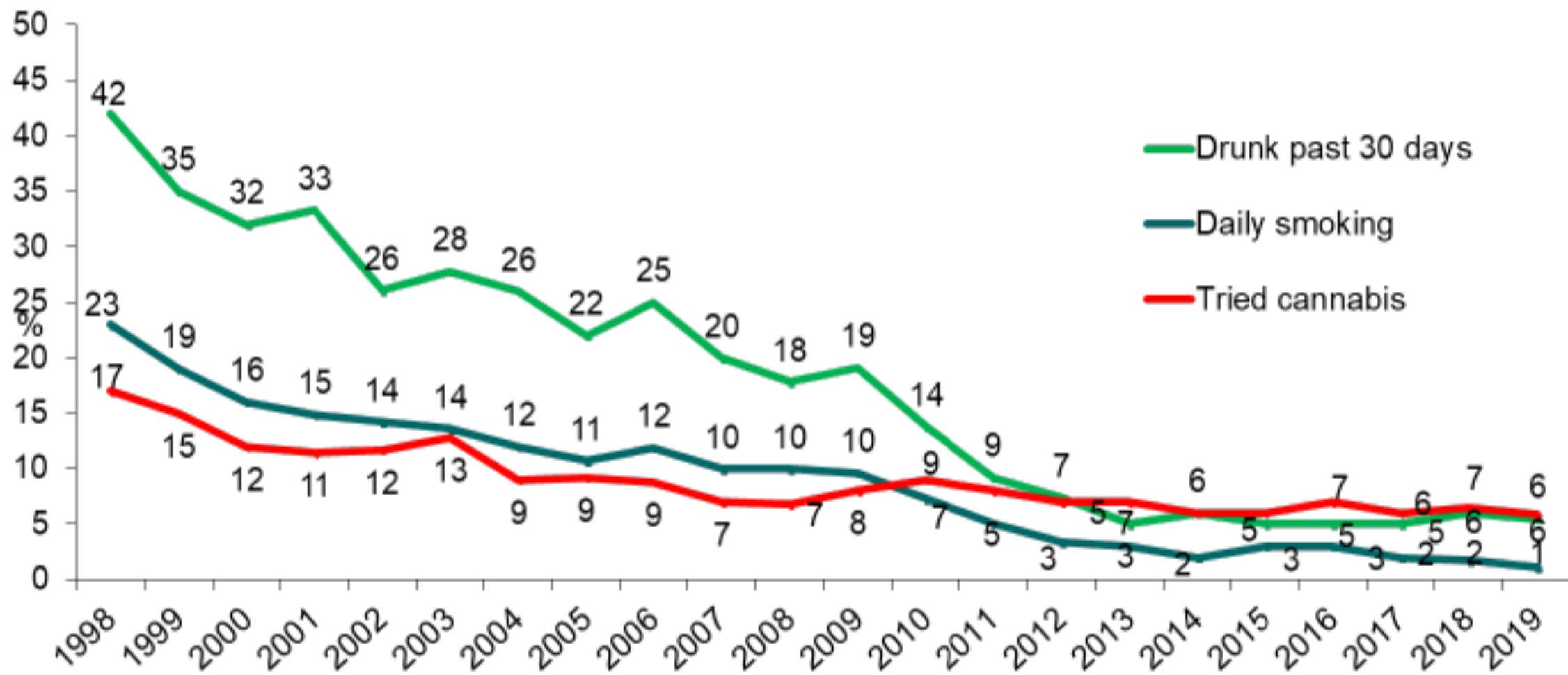


# SUBSTANCE USE PREVENTION

*WHERE DO WE GO  
FROM HERE?!*



## Iceland: Positive development over 20 years (10<sup>th</sup> grade students)





# The 5 Guiding Principles of the Icelandic Prevention Model

Apply a primary prevention approach.

Emphasize community action and embrace public schools as the natural hub.

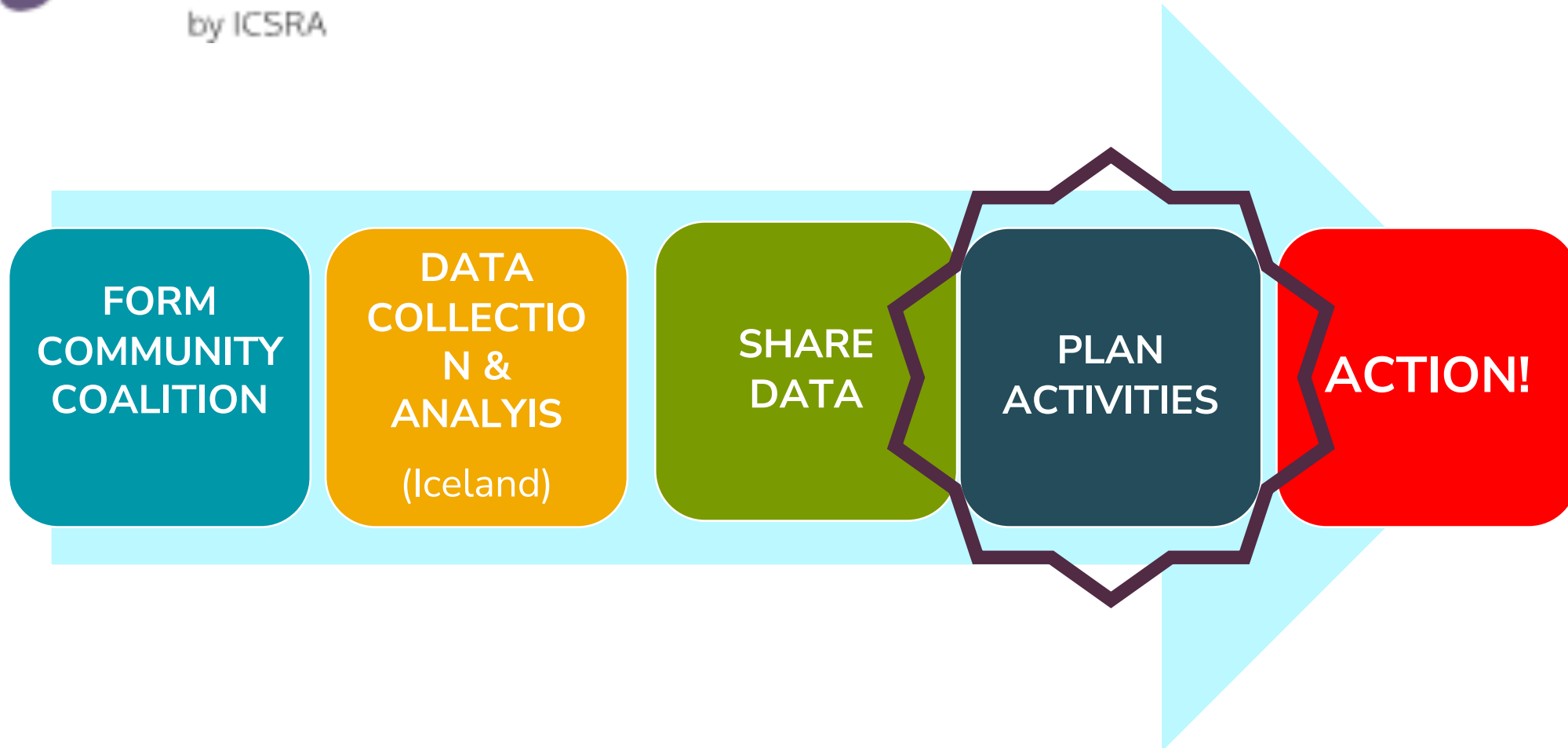
Engage and empower community members to make practical decisions.

Integrate researchers, policy-makers, practitioners, and community members.

Match the scope of the solution to the scope of the problem.

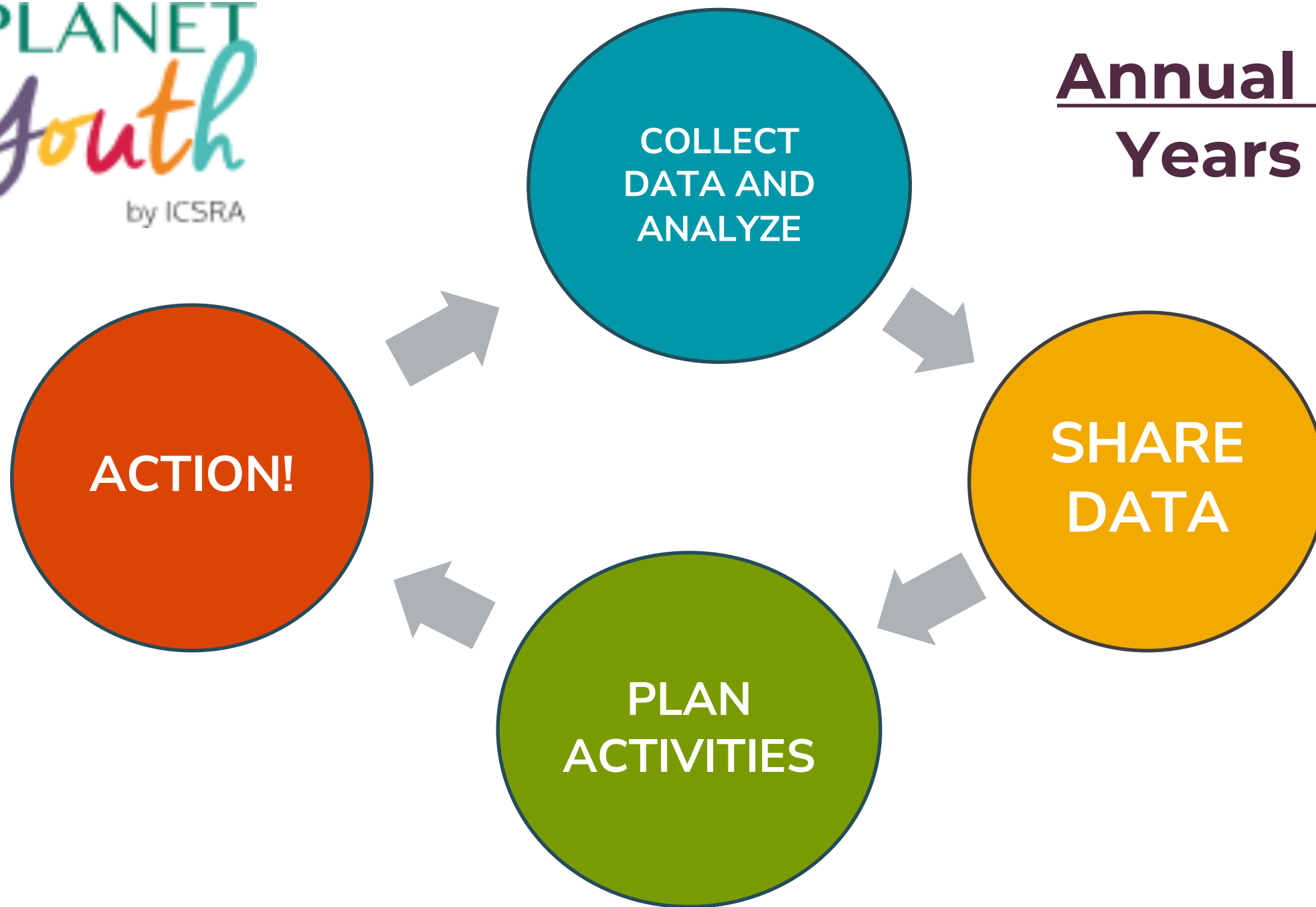
(Kristjansson et al. 2020)

# 5-Year Cycle: Year One





Annual Cycle  
Years 2-5





PLANET  
*Youth*  
 by ICSRA  
 YUKON ?

