

SUPPORTING ACTIVE YUKON SCHOOLS AND COMMUNITIES

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#### **DID YOU KNOW THAT?**

In the 2020-2021 year, Rural Healthy Eating Active Living Leader funding reached 11 communities through 25 different RHEAL Leaders. There were more than 650 counts of participation in these RHEAL Leader programs.

Welcome to the digital RPAY
Newsletter. This quarterly newsletter
gives us the chance to provide updates
on our programs and to give you
recreation news from across the Yukon
and Canada! Do you have an idea for
our next newsletter? Have a program
or update from your community you'd
like to see featured? Please contact
Kelsey at kelsey@rpay.ca

## RHEAL LEADER SPOTLIGHT

## Let's celebrate our RHEAL Leaders!

That's one of many things that makes Kara an incredible leader—her ability to read the needs of the communities she works with and to adapt programming to meet those needs.

She's not interested in one-size-fits-all programming. She goes where communities guide her. For example, after the success of an adult weightlifting class in Ross River, a group of at-risk boys wanted to know why kids couldn't attend. Kara put a program together for them and cranked the rap music. It's one of her favourite classes. She's also proud of the women's strength program she started in Ross River. By the third class, it had 18 participants. For a community of 400, that's huge. For Kara, it's the connections that are important. The social connection craved by new moms; the neighbour who needs a push to discover she's more athletic than she thought she was, even at eight months pregnant.





#### **RHEAL LEADERS**

## Helping to create amazing community recreation

The RHEAL Leader program is one of RPAY's most popular and best-known programs. The funding and support offered through the program allow for community leaders to provide recreational programming in their own communities. This past January, we provided funding for 25 unique programs in 11 communities across the Yukon. This made it possible for programming to reach all age and ability groups. Each of these programs represent the dedication of the leader taking charge to ensure that there are awesome recreational opportunities in their communities.

RPAY would like to thank each and every RHEAL Leader past or present. It's because of your hard work and dedication that folks are given opportunities to participate in recreational programming, learn new skills, and stay active!

The early-bird deadline is September 15, the regular deadline is October 31. For more information on the program please contact our Active Living Coordinator, Kelsey (kelsey@rpay.ca) or click here.





#### **RECREATION NORTH**

#### Training starts again this fall!

Register now for the Recreation North Training Program with learning events running from mid-September to May. The training is delivered remotely allowing you to learn "in place" from home or work. Contact RPAY if cost is a barrier.

Did you know that the Recreation North Training Program has now reached more than 45 communities and more than 200 individuals across the Yukon, NWT and Nunavut? To date, 34 individuals have earned a Certificate in Northern Recreation Leadership and another 9 have earned a Certificate in Northern Recreation Management.

The Recreation North Training Program is delivered through a partnership of the three, territorial recreation and parks associations. Development of the Training Program was made possible through the generosity of the Arctic Inspiration Prize (in 2015).



## PHYSICAL ACTIVITY & RECREATION MATTER!

Help shape future recreation activities by completing the Yukon Healthy Living Survey by October 1st





The World Leisure Centre of Excellence at Vancouver Island University is doing research for the Recreation and Parks Association of the Yukon.

The purpose of the **Yukon Healthy Living Study** is to better understand participation in physically active recreation and how participation was affected by COVID-19 public health restrictions. We want to hear from as many people as possible so share the survey with friends and family.

The anonymous, online survey takes about 25 minutes to complete. The results will help RPAY support Yukoners to be physically active through recreation in the future.

Complete the survey then enter a draw for prizes like a kicksled and more!

Scan to QR Code with your mobile device or enter the website address into your browser to complete the survey.

#### **WAFL UPDATE**

#### WAFL is Getting Ready for Another Amazing Season

Our Winter Active For Life program (WAFL) is gearing up for the coming winter season!

Over the summer, some changes were made. We said Goodbye to our long-standing WAFL Coordinator Jan Downing and wish her all the best on her coming adventures! Fran Nyman is the new WAFL Coordinator and she is very excited to get started. You can contact her with any questions at wafl@rpay.ca. WAFL requests are now open!



www.surveymonkey.com/r/RPAY

#### JUMPSTART INCLUSIVE PLAYGROUND

#### **Coming to Shipyards Park**

Work has begun at Shipyards Park to create space for a future universally accessible playground, thanks to the generosity of local Canadian Tire dealers Mike Carley and Dan Charlebois, as well as Canadian Tire Jumpstart Charities.

## FALL RECREATION GATHERING

#### It's on!

RPAY is thrilled to announce that this year's Recreation Gathering will be held in-person in Haines Junction.
Registration opens on September 7th.
Register early to avoid disappointment, spaces are limited.

The gathering will include yoga session from a local RHEAL Leader, sessions on the Yukon Healthy Living Study, Community Recreation Planning, and Physical Literacy.

Don't miss out on this amazing opportunity to network, learn, and have fun with our rural Recreation Leaders!

Contract Roger (roger@rpay.ca) for more information or to receive a registration package



## A THANK YOU TO OUR CONTRACTORS AND STAFF

## Best Wishes to Jan, Mia, and Penny!

RPAY said Goodbye to Penny Sheardown, Mia Lee, and Jan Downing recently. They all made the difficult decision to move on to new opportunities and fun.

Penny was the Active Living Coordinator for 5 years. As the Active Living Coordinator, Penny worked closely with rural recreation leaders, volunteers, and RHEAL Leaders to support recreation across the Yukon. We cannot thank Penny enough for all of her hard work!

Mia was our Active Living for School Aged Kids and Youth Programmer for 5 years. In those 5 years she fostered positive relationships with schools, rural recreation leaders, and youth. Mia worked in schools and in communities to help build the APE Program. She will be much missed!

Jan was our Winter Active For Life Coordinator for 9 years. In those 9 years Jan helped grow the WAFL Program into what it is today. She helped support many WAFL leaders in rural Yukon Communities. She will be much missed and we wish her all the best!

#### RPAY RECOGNITION AWARD

#### Nominations due September 15, 2021

We at RPAY feel it's important to recognize the hard work of those in our field. These hardworking individuals do this work because they believe in and see the benefits of recreation first-hand for their communities.

We at RPAY know that without these dedicated community members, recreation would not run in our communities. Be they staff or volunteers, we know and want to thank ALL of our recreation family across the Yukon for their dedication to our field.

Each year, RPAY recognizes a select few individuals who have made outstanding contributions to recreation in their communities. In order to be recognized, these award winners must be nominated.

Do you have someone in your community who has made an excellent contribution to recreation in your community? Please contact Anne (anne@rpay.ca) and she'll send you the nomination form.



#### **ARCTIC INSPIRATION PRIZE**

#### Call for Nominations are Open

The Arctic Inspiration Prize (AIP) is the largest annual prize in Canada. By celebrating and providing seed-funding to Northern teams with innovative project ideas, the AIP supports Northerners in bringing initiatives to life that bring about the changes they want to see in their communities.

The Arctic Inspiration Prize is by the North and for the North and is a community of people and groups, including Indigenous organizations, academia, governments, nongovernmental organizations, industry, philanthropy, media and arts and culture organizations, who share a common goal: to recognize northern innovation and excellence and encourage teamwork for the betterment of life in Canada's North.





## GOVERNMENT OF YUKON COMMUNITY RECREATION LEADERSHIP AWARD

## Deadline for submissions: September 17, 2021

Do you know of an individual who has made an outstanding contribution to community recreation? If so, nominate them for the Government of Yukon Community Recreation Leadership Award.

Their contribution may include, but is not limited to:

- promoting the development and growth of community members through recreation/active living
- recognizing, embracing, and promoting the benefits of recreation, sport and active living
- contributing a high level of commitment to the community to develop and promote recreation/active living in that community
- providing leadership and encouragement of community members working toward community development through recreation/active living opportunities
- developing creative and innovative ideas in their community related to recreation/active living
- a role model and mentor in their community

Nominations accepted from:

- Local Authorities for Recreation
- Recreation Boards or Committees
- Community Volunteers
- Community Recreation Staff

Contact Jenyfer.neumann@yukon.ca

## PROMISING PRACTICES FOR SAFE RECREATION SPACES

## Canadian Parks and Recreation Association

Safety continues to be top of mind as we operate recreation spaces and programs across the province. Enhanced cleaning protocols and use of new technologies have had significant operational impacts. As part of the ReImagine RREC Initiative, the Canadian Parks and Recreation Association (CPRA) has gathered research and promising practices to ensure we can continue to keep the health and safety of our participants a priority.

## FEMINIST RESPONSE AND RECOVERY FUND

## Canadian Parks and Recreation Association

CPRA announced as one of the recipients of the Feminist Response and Recovery Fund The Canadian Parks and Recreation Association (CPRA) is pleased to partner with the Government of Canada to address gender inequities and advance gender equality for women and girls in recreation. As Canada moves towards an inclusive recovery from the COVID-19 pandemic, CPRA will address specific systemic barriers that make it more difficult for women and girls to experience the benefits of physical activity, recreation, and sport participation. More information is available here.

#### **CPRA AWARDS**

## **Canadian Parks and Recreation Association Awards Program**

CPRA is accepting nominations for the CPRA Awards Program. The Awards are presented to individuals, organizations, corporations (including municipalities or government agencies/departments) who have demonstrated a high level of commitment, passion, and leadership on a national level to the parks and recreation sector. CPRA has 4 awards that they celebrate each year.

- CPRA Award of Merit applications accepted all year
- CPRA President's Award of Distinction deadline March 31, 2022
- CPRA Partnership Award deadline March 31, 2022
- CPRA Emerging Leader Award deadline March 31, 2022

To learn more about these awards <u>click</u> <u>here.</u>





## **GREEN JOBS INITIATIVES**

#### Fall Deadline September 24

The Canadian Parks and Recreation Association (CPRA) has secured Government of Canada funding via Parks Canada to support a "green jobs" program for youth. This program will provide direct financial support (via wage subsidies of up to 50%) to local governments (municipalities, Indigenous communities, etc) and other sector organizations, supporting 700 jobs that focus on employing youth in the conservation and enjoyment of nature and culture. Click here to find out more.

Fall intake deadline is September 24, 2021

## TRANSPORTATION FUND

#### Deadline not yet set

The Active Transportation Fund is a national, merit-based contribution program intended to support projects that improve active transportation infrastructure across Canada.

This fund will help build new and expanded networks of pathways, bike lanes, trails and pedestrian bridges, as well as support Active Transportation planning and stake-hold engagement activities. Grants up to \$50,000 are available for successful applicants who wish to undertake planning, design, and stakeholder engagement activities. To find out more information click here.

## RHEAL LEADER PROGRAM

## Early-Bird Deadline September 15. Deadline October 31.

The RHEAL Leader Program is now accepting funding applications.

RHEAL Leaders can apply for up to \$3,000 to run programs that promote healthy and active lifestyles.

For more information go to <u>rpay.ca</u>.

## NATIONAL TRAIL YOUTH EMPLOYMENT PROGRAM

#### Deadline ongoing

The subsidy, funded by Parks Canada as part of the Youth Employment in the Conservation and Enjoyment of Nature and Culture program, is intended to support jobs that contribute to the development and improvement of the Trans Canada Trail. The employment term should last between 2 and 20 weeks, and the 50% subsidy will be granted to a maximum of \$3,500.

To find out more click here.

### **Our Team!**



Fran - WAFL Coordinator



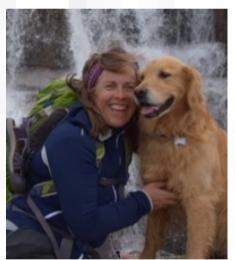
Kelsey - Active Living Coordinator



Anne - Executive Director



Roger - Recreation Training Coordinator



Caroline - Planning and Evaluation

Thank you to our staff and contractors for continuing to make RPAY run smoothly!

#### **CONTACT US!**

Questions? Comments? General observations? Feel free to give us a call or email.

Anne Morgan, Executive Director: anne@rpay.ca, (867) 668-2389

Kelsey Gammel, Active Living Coordinator: kelsey@rpay.ca, (867) 668-3010

Roger Bower, Recreation Training Coordinator: roger@rpay.ca, (867) 668-3010

General Information: rpay@rpay.ca, (866) 961-9255

RPAY would like thank the Government of Yukon Sport and Recreation Branch for their continued support of our programming





RPAY respectfully acknowledges that we work within the traditional territories of the Kwanlin Dün First Nation and Ta'an Kwäch'än Council